



Yarraville  
COMMUNITY  
CENTRE

L'AFEMME

# short courses

Summer 2019 February – April

# Workshops

We are continuing to deliver a large and diverse range of fun and informative workshops.

From arts and craft, to cooking, music, health and more, you can gain skills and knowledge across a whole range of topics. New and exciting workshop listings will be updated each week, led by our team of knowledgeable and friendly tutors.

See what's on offer each month by signing up to our e-newsletter. Visit [www.ycc.net.au](http://www.ycc.net.au)



Jewellery



Style



Gardening

## How to enrol

Website [www.ycc.net.au](http://www.ycc.net.au)

Visit us at 59 Francis St Yarraville

Call us on 9687 1560

Book in ASAP as our courses rely on numbers to run.



@yarravillecommunitycentre



@yarravilleCC



@yarravilleCC

# Kids' activities

## Drama workshops for kids – Schamozzle

Saturday mornings during school terms

Classes for preschool and primary aged children. Contact Suzanne, 0416 104 947 or [suzanne@schamozzle.com.au](mailto:suzanne@schamozzle.com.au).

## Love to Dance School of Ballet

Ballet, jazz and contemporary, for kindy to adults. Contact Amba, 0405 767 494 or [amba@lovetodance.org](mailto:amba@lovetodance.org).

## Occasional childcare @ 59 Francis St

Monday to Friday 9.15am – 2.15pm

## 3 Year old Pre-school @ 114 Blackwood St

Tuesday 9.30am – 2.30pm  
(waitlist for Wednesday & Thursday)

We offer high quality, affordable occasional childcare for children aged from 6 months to 5 years and 3 year old pre-school program, both stimulating and inclusive, these programs allow children to enjoy a range of age-appropriate activities.

## Playgroup @ 114 Blackwood St

We have space available in the childcare room for playgroups at 114 Blackwood St.



# Art & style

## Printmaking for beginners

Thursday 14 February 6.30pm – 9.00pm  
(6 sessions)

Explore processes of mark making and the construction of an image through non-toxic printmaking techniques.

Cost: \$269

## Botanical art with watercolour – beginners

Wednesday 13 February 6.30pm – 9.00pm  
(6 sessions)

Learn techniques to create botanical drawings, transfer onto watercolour paper and apply colour using different painting techniques.

Cost: \$239

## Beginners guide to sewing

Monday 4 February 6.30pm – 8.30pm  
(8 sessions - no class 11/3)

Learn the basics of sewing, using and maintaining your machine and understanding fabrics. Work on a project during term that you can take home and use. BYO working sewing machine.

Cost: \$229

## Next steps to sewing

Wednesday 6 February 6.30pm – 8.30pm  
(8 sessions)

Improve your sewing skills and learn new techniques with support and guidance to help you complete your own sewing project. BYO working sewing machine.

Cost: \$229

## The art of tarot

Wednesday 30 January 6.30pm – 8.00pm  
(4 sessions)

Learn both theory and practical use of tarot, starting with an understanding of the basics then how to conduct readings with the guidance of an experienced tutor.

Cost: \$99



# Languages

## French for beginners

**Tuesday 5 February 6.30pm – 8.30pm  
(8 sessions)**

An introduction to French language, perfect for complete beginners. Gain an understanding of French culture whilst learning the basics including pronunciation, introductions and common phrases.

**Cost: \$185 / Con \$175**

## Basic Spanish for travellers

**Tuesday 5 February 6.00pm – 7.30pm  
(8 sessions)**

Perfect for complete beginners and those wishing to travel to Spanish-speaking countries. Gain an understanding of key phrases for use in everyday situations.

**Cost: \$155 / Con \$145**

## Spanish for beginners

**Tuesday 5 February 7.30pm – 9.00pm  
(8 sessions)**

Ideal for those with a basic knowledge of Spanish. Build conversational skills, vocabulary, grammar and culture.

**Cost: \$155 / Con \$145**

## Spanish – intermediate

**Thursday 7 February 6.00pm – 7.30pm  
(8 sessions)**

Build on your Spanish language skills. Ideal for students who have completed 'Spanish the next step' course or who have some Spanish conversational experience.

**Cost: \$155 / Con \$145**

*Español*



## Basic Japanese for travellers @ 114 Blackwood St

**Monday 4 February 6.00pm – 7.30pm  
(8 sessions - no class 11/3)**

Learn useful words and phrases for travellers. Ideal for those interested in travelling to Japan or for absolute beginners.

**Cost: \$155 / Con \$145**

## Practical Japanese for beginners @ 114 Blackwood St

**Wednesday 6 February 6.00pm – 7.30pm  
(8 sessions)**

Enjoy learning about Japanese conversation and culture for everyday use. Study vocabulary for times and places, as well as basic grammar. Perfect for beginners with no prior Japanese knowledge.

**Cost: \$155 / Con \$145**



## Dance & music

### Adult guitar @ 114 Blackwood St

**Beginners 1: Wednesday 6 February  
6.30pm – 7.30pm (8 sessions)**

Learn the basics of playing the most popular instrument on the planet, Focus on experiencing the feel of the left hand and changing between chords in the keys of G and C fluently. BYO guitar.

**Beginners 2: Wednesday 6 February  
7.30pm – 8.30pm (8 sessions)**

Building on 'Beginners 1', learn to do more. Focus is on right hand rhythms and variations in strumming. BYO guitar.

**Cost: \$110 / Con \$100**

### Electronic music for beginners using Ableton Live

**Monday 4 February 6.30pm – 8.00pm  
(6 sessions - no class 11/3)**

An introduction to the world of electronic music using Ableton Live. Learn the basics of electronic music creation and apply your skills across other platforms.

**Cost: \$110 / Con \$100**

Visit [www.ycc.net.au](http://www.ycc.net.au)  
for enrolment and more information



## Computers & business

We have free public access to computers at Francis St and Blackwood St Neighbourhood House and free wi-fi at Francis St. Bookings are not required but there is a nominal fee for printing.

### Other sites

We also hold computer classes at Maribyrnong, Braybrook and Maidstone Community Centres.

### One-to-one lessons or group training

Private tuition is available if you'd prefer to learn at your own pace or if you need to extend your skills for a specific purpose. Call for a quote or to make a booking.





## Health & wellbeing

### Yoga

**Beginners: Tuesday 5 February**  
6.15pm – 7.45pm (9 sessions)

**General: Thursday 7 February**  
6.00pm – 7.30pm (9 sessions)

Create balance between your body and mind with Hatha yoga.

**Cost: \$140 / Con \$130 / Casual \$18\***

### Pilates

**Monday 4 February 7.30pm – 8.30pm**  
(8 sessions – no class 11/3)

Pilates is a full-body workout that's suitable for all ages and abilities.

**Cost (8 sessions): \$120 / Con \$110 / Casual \$18\***

### Pilates @ 9 Victoria St Footscray

**Thursday 31 January 7.00am – 8.00am**  
(10 sessions)

**Cost (10 sessions): \$150 / Con \$140 / Casual \$18\***

### Pilates for over 50s

**Monday 4 February 6.30pm – 7.30pm**  
(8 sessions – no class 11/3)

Increase your strength and flexibility in this low impact fitness program.

**Cost: \$120 / Con \$110 / Casual \$18\***

### Tai chi and qigong

**Saturday 2 February 9.30am – 10.30am**  
(10 sessions)

Improve your general health, balance, self-awareness and concentration with this 'moving meditation'.

**Cost: \$140 / Con \$130 / Casual \$16\***

### Mindfulness meditation

**Thursday 7 February 10.00am – 11.30am**  
(8 sessions)

**Thursday 7 February 8.00pm – 9.30pm**  
(8 sessions)

Gain an insight into your mind and body connection to reduce stress and increase your general wellbeing.

**Cost: \$150**

\*Casuals must call YCC to book a particular session



## Classes for people with a disability

### Cooking in the kitchen and art

**Tuesday 29 January 10.00am – 2.00pm**  
(10 sessions)

\*Eligibility requirements apply to this course

This program gives participants a practical, sensory, hands-on opportunity to create scrumptious, healthy meals together. The second half of the session includes sketching, painting and visual arts.

**Cost: \$62**

### Community choir

**Thursday 31 January 1.00pm – 2.30pm**  
(11 sessions)

\*Eligibility requirements apply to this course

Learn simple songs, no singing experience required. Free your voice and your soul!

**Cost: \$13**



## English language and literacy courses and services

### Accredited Training

Adult Migrant English Program (AMEP)

Skills for Education and Employment (SEE) program

### Skills First

English as an Additional Language (EAL)

General Education for Adults

Language and literacy assessments

Workplace literacy and numeracy training

### Pre-accredited Training

Yarraville Community Centre is a Registered Training Organisation (RTO) (TOID 4207) and Learn Local provider.

For more information on any of these courses call us on **9687 1560** or visit [www.ycc.net.au](http://www.ycc.net.au).



# YCC offers you more

## We provide community services such as

- public access to computers
- occasional childcare
- service referrals
- low cost photocopying
- tax Help
- develop curriculum

## Spaces for hire

We have various rooms to suit meetings, seminars, workshops, children's parties and a large hall. Special rates available for not-for-profit and community organisations.

## Get involved

Are you interested in volunteering, teaching a short course or teaching English? Contact us to find out what opportunities exist.

## Gift vouchers

For the perfect gift idea call us to organise a voucher.

## Be Connected

YCC is part of the Be Connected network. The Be Connected Network is a movement that supports older Australians to engage with digital technology in their local area. Call us for information on volunteering or accessing the kiosk.

## Acknowledgments

**City of Maribyrnong  
Adult, Community and Further Education  
Department of Health and Human Services  
Australian Government Department of  
Education and Training  
Victorian Government Department of Education  
and Training**

We acknowledge that we are on the traditional lands of the Kulin Nation. We offer our respect to the Elders of these traditional lands and, through them, to all Aboriginal and Torres Strait Islander people.



**Yarraville**  
COMMUNITY  
CENTRE

## Where are we?

Yarraville Community Centre:

- 📍 59 Francis St Yarraville
- 📍 114 Blackwood St Yarraville
- 📍 9 Victoria St Footscray

We also offer classes in Footscray, Maribyrnong, Maidstone, West Footscray and Braybrook.

## Questions?

Visit [www.ycc.net.au](http://www.ycc.net.au)

Email us on [info@ycc.net.au](mailto:info@ycc.net.au)

Call us on **9687 1560**

during YCC office hours:

**Mon – Thurs: 9.00am – 5.00pm**

**Fri: 9.00am – 4.00pm**



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