



Yarraville
COMMUNITY
CENTRE

short courses

Term 3 2021

Workshops

We are continuing to deliver a large and diverse range of fun and informative workshops.

From arts and craft, to cooking, music, wellbeing and more. You can gain skills and knowledge across a whole range of topics. New and exciting workshop listings will be updated each week, led by our team of knowledgeable and friendly tutors.

To be updated with what's on each month, sign up to our e-newsletter. Visit www.ycc.net.au



Resin Jewellery Making



Health & Wellbeing Classes



Knit for Charity

How to enrol

Online www.ycc.net.au

Visit us: 59 Francis Street, Yarraville

Call us on 03 9687 1560

We ask that you book ASAP as our courses rely on numbers to run.



@yarravillecommunitycente



@yarravilleCC

Refer to our Terms and Conditions on our website for cancellation and refund policies.

Art

Japanese pottery - Make a trio of small bowls

Tuesday 27 July
6.00pm – 8.00pm (1 session)

Design and create a trio of 3 small bowls, perfect for dips or olives.

Cost: \$79

Japanese pottery - Nest of small plates

Tuesday 3 August
6.00pm – 8.00pm (1 session)

Design and create 3 small plates – perfect for the dining table, as gifts or to display treasures.

Cost: \$69

Basic Patterns: Draft & Sew a flattering A-line skirt

Saturday 31 July
12.30pm – 4.30pm (1 session)

Discover the fundamentals of using a sewing machine while making your very own simple A-line skirt.

Cost: \$65

Art with Watercolour

Starting Monday 2 August
6.30pm – 9.00pm (5 sessions)

Gain a understanding of watercolour under the guidance of an experienced artist.

Cost: \$195

Resin Cheeseboards

Sunday 8 August
1.00pm – 3.30pm (1 session)

Learn to make a painted Resin platter or cheeseboard, a great decorative addition to any home or the perfect gift.

Cost: \$90

Knit for Charity (kogo) - Free

Every Monday
10.00am - 12.30pm

Learn how to knit and meet new people while giving back to those in need in this free knitting group.

Art (continued)

Advanced Resin Jewellery

Wednesday 11 August (2 sessions)
6.00pm – 9.00pm
and
Thursday 12 August
7.00pm – 8.30pm

Learn how to mix resin, how to colour using pigments, alcohol ink, foil and glitter to create different effects and set into assorted moulds to create earrings, pendants and key rings.

Cost: \$105

Fabulous Resin Jewellery & More!

Sunday 5 September
10.00am - 1.30pm (1 session)

In this workshop students will be shown how to mix resin, how to colour using pigments, alcohol ink, foil and glitter to create different effects and set into assorted moulds to create earrings, pendants and key rings.

Cost: \$95

Polymer Clay Jewellery

Sunday 29 August
9.30am - 1.00pm (1 session)
Or
Sunday 29 August (advanced session)
2.00pm - 5.30pm (1 session)

Discover the polymer clay slab method to make beautiful unique jewellery.

Cost: \$85

Japanese Bookbinding

Sunday 5 September
1.00pm - 4.00pm (1 session)

Using beautiful handmade decorative paper, Paperazzi Design studios resident paper artist Michelle Lackenby, will guide you through various Japanese bookbinding stitch techniques and patterns and show you how to create your very own books to take home.

Cost: \$79

Book online
www.ycc.net.au

Health and Wellbeing

Lunchtime Pause: Meditation (Online)

Tuesday 17 August
12.30 pm – 1.00 pm (6 sessions)

Pause. Breathe. Smile. These classes are designed for newcomers and people who have tried mindfulness meditation before and want to give it another go.

Cost: \$59

Hatha Yoga

Tuesdays (Beginners)

Tuesdays from 13th July
6.15pm – 7.45pm (9 sessions)

Cost \$120

Thursdays (General)

Thursdays from 15th July
6.00pm – 7.30pm (9 sessions)

Cost \$120

Hatha yoga is the branch of yoga that typically comes to mind when you think of yoga in general terms. The practice involves breath, body, and mind.

Pilates for over 50s

Thursdays from 15 July
6.30pm – 7.30pm (9 sessions)

Join a group of like-aged individuals who are interested in their health and wellbeing.

Cost:\$125



Yoga for over 50's

Health and Wellbeing (cont.)

Vinyasa Flow: Embodied Yoga

Wednesdays starting 4 August
9.30am – 11.00am (7 sessions)

This class is designed to gently support you to explore a vinyasa, a yoga practice that is slow and embodied, encouraging mindful movement and breath awareness rather than focusing on complex or fast sequences.

Cost: \$125

Tai chi and qigong – Beginners

Beginners

Saturdays starting 17 July
11.15am – 12.15pm (9 sessions)

Cost: \$135

Intermediate

Saturdays starting 17 July
9.30am – 10.30am (9 sessions)

Cost: \$135

Tai chi is a slow moving exercise system developed from Chinese martial arts. It is often referred to as 'moving meditation' with many benefits including improvement in general health, coordination, balance, strength, flexibility, self-awareness and concentration.

Cooking and Hospitality

Russian baked piroshky

Saturday 7 August
10.00am – 1.00pm (1 session)

Piroshki are small pastries with a soft and fluffy yeast dough filled with a delicious mix of beef mincemeat or mushroom and cabbage. Perfect as an entrée for any dinner party or just a snack.

Cost: \$69

Street Food of India

Sunday 8 August
10.00am – 1.00pm (1 session)

Learn to make Mumbai's famous pav bhaji (spicy blend of vegetables served in tomato gravy with toasted bun), dahi poori (mini pooris served with yogurt, potato, chutney, herbs and sev) and sweet lassi (rosewater infused yogurt based drink).

Cost: \$65

Vegan Curries of India

Saturday 4 September
10.00am – 1.00pm (1 session)

Learn to cook healthy and easy vegan Indian curries, including the famous dal makhani, pumpkin curry, baingan bharta (roasted eggplant with spices, onions and tomatoes) as well as peas pulao (rice cooked with peas and spices).

Cost:\$65

Variety of Greek biscuits – Online Tutorial

Learn in your own home at your own pace.

You will be emailed the instructions including pre-recorded tutorials within 48 hours of purchase.

Make and enjoy three kinds of popular Greek biscuits in this online tutorial: almond crescents (kourabiedes), butter biscuits (koulourakia) and juicy honey biscuits (melomakarona).

Cost: \$59



Adult Guitar Classes

Dance and Music

Adult guitar – Beginners 2

Wednesdays starting 21 July
7.30pm – 8.30pm (8 sessions)

The focus is on barre chords and right hand rhythms and variations in strumming, and the majestic style of finger picking.

Cost: \$110

Zumba: Jiggle, Wiggle & Giggle!

Wednesdays starting 4 August
6.00pm – 6.50pm (7 sessions)

Move your way and have fun for happiness and health. That's what Zumba with Michelle is all about, it's exercise in disguise! Enjoy the music, the company and the smiles, the fitness part is a bonus. Suitable for all ages and abilities, the music is fun and varied.

Cost: \$65

Free Choir

Every Tuesday
6.30pm – 8.30pm

In being a member of this choir you will be taught the mechanisms of your voice, safe singing practices, breathing and support techniques, a variety of engaging warmups and a number of songs from a variety of genres.

Cost: Free

Style

Discover Your Style

Saturday 21 August
10.00am – 1.00pm (1 session)

Imagine opening your wardrobe every day to clothes you love, that inspire you and make you feel amazing. By understanding your unique style and clearly identifying your style goals you will make smarter choices to create a wardrobe that saves you time and money. Identify your individual style that reflects your lifestyle and understand the balance between trends and core pieces to create your dream wardrobe.

Cost: \$39

Discover Your Style



New workshops are being added each week.

Sign up to our mailing list for regular updates on new classes.

Children and Youth



Youth SWITCH Nights

Youth Week Celebrations

Friday 23 July
6.00pm – 9.00pm

We are celebrating our diverse and valued youth from our local communities with a youth and families night to showcase and share their skills, share food, and work on an art project at YCC.

Please join us for a night of healthy video gaming, board games, and finger food.

Cost: FREE

SWITCH Nights

Every second Friday night
4.30pm – 7.30pm

Our free SWITCH events run for 12 – 17-year-olds and are inclusive and accessible for all young people. The events are run by youth leaders and aim to build wellbeing, through healthy gaming practices, building confidence, friendship as well as a healthy mind and body.

The events are held Friday's at 114 Blackwood Street, Yarraville. Bookings are essential.

Please call Bettina on 0411 954 774 or email reconnectcoach@ycc.net.au.



Other services at YCC...

3 year old pre school kids program



PLACES AVAILABLE NOW

“

YCC has given me the opportunity to study English and a pathway course to a nationally recognised qualification.

”



Tsering Lhamo

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Gain a nationally credited qualification



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