



Yarraville
COMMUNITY
CENTRE

short courses

Term 4 2021

Workshops

We are continuing to deliver a COVID Safe diverse range of fun and informative workshops for all ages.

From arts and craft, to cooking, music, wellbeing and more. You can gain skills and knowledge across a whole range of topics. New and exciting workshop listings will be updated each week, led by our team of knowledgeable and friendly tutors.

To be updated with what's on each month, sign up to our e-newsletter. www.ycc.net.au



Susan's Quick and Easy Croissants Cooking Class

Online Yoga Classes



Online Arts and Craft For Children



How to enrol

Online www.ycc.net.au

Call us on 03 9687 1560

We ask that you book ASAP as our courses rely on numbers to run.



@yarravillecommunitycente



@yarravilleCC

Refer to our Terms and Conditions on our website for cancellation and refund policies.

Art

Create, Move and Play with Sheena

This series of creative online workshops will provide experiences for children to discover music, dance, and art through play and you can leave the thinking and creating to Sheena.

Suitable for ages 4+.

Starts Monday 18 October
10.00am – 11.00am (6 online sessions)
Cost: \$115

Online Arts and Craft Program for Children

This 8 session program will have children exploring drawing, collage and 3 dimensional art and craft activities including making a mask from recycled materials, creating collages and cards, drawing and painting.

Suitable for all aged children.
Amanda will cater and adapt for any age range during the class.

Starts Thursday 14 October
4.00pm – 5.30pm (8 online sessions)
Cost: \$155

Bright and Contemporary Watercolour Class

Learn skills and techniques across each session, while working at your own pace on a subject of your choosing including still life, landscape, portrait, botanical or try your hand at each. Suitable for all levels including beginners.

Starting Monday 25 October – Evening
6.30pm – 8.30pm (6 online sessions)
or
Starting Wednesday 27 October – Daytime
2.00pm – 4.00pm (6 online sessions)
Cost: \$195

Mixed Media Paper Collage with Anna

Unleash your creativity creating a colourful abstract piece of art using mixed media paint pen paper collage techniques.

Wednesday 27 October
6.00pm – 8.30pm (2 online sessions)
Cost: \$150

Art (continued)

Children's Creative Writing Club with Sheena

This fun online series of workshops uses art, music, film, poetry and prose in order to develop children's own written work.

Sheena will encourage children to develop their own voice and create pieces of written work that includes poetry, fiction, non-fiction, scripts and more.

Suitable for ages 7+.

Tuesday 9 November
4. 00pm – 5.00pm (5 online sessions)
Cost: \$95

Make your own lampshade KIT

Customise your lampshade at home with your chosen fabric.

Self study at home – instructions and materials included
Cost: \$70

New dates coming soon for...

Japanese Pottery
Resin Cheeseboards
Knit for charity
Blacksmithing

Sign up to our newsletter
for the all the updates

Health and Wellbeing

Online Pilates (Over 50's)

Join a group of like-aged individuals who are interested in their health and wellbeing. Beginning with Pilates fundamentals, this course offers progressions or regressions on exercises so that you're challenged yet work within your capacity.

Mondays (Casual Bookings Available)

Starts Monday 4 October
6.30pm – 7.30pm (10 online sessions)

Thursdays (Casual Bookings Available)

Starts Thursday 7 October
6.30pm – 7.30pm (10 online sessions)

Cost \$125

Online Hatha Yoga

Hatha yoga is the branch of yoga that typically comes to mind when you think of yoga in general terms. The practice involves breath, body, and mind.

Tuesdays (Beginners)

Starts Tuesday 5 October
6.15pm – 7.45pm (10 online sessions)

Thursdays (General)

Starts Thursday 7 October
6.00pm – 7.30pm (10 online sessions)

Cost \$120

Online Zumba – Jiggle, Giggle and Wiggle!

Move your way and have fun for happiness and health. That's what Zumba with Michelle is all about, it's exercise in disguise!

Starts Wednesday 6 October
6.00pm – 6.50pm (6 online sessions)
Cost: \$65

Book online
www.ycc.net.au

Chair Yoga

Health and Wellbeing (cont.)

Online Chair Yoga

Break up your day and join Laura Sabini, YCC's expert Yogi for a good stretch! Moving your body and stretching has never been as important as it is during a lockdown.

Starts Wednesday 6 October
12.00pm – 1.00pm (10 online sessions)
Cost: \$90

Tai chi and qigong

Tai chi is a slow moving exercise system developed from Chinese martial arts. It is often referred to as 'moving meditation' with many benefits including improvement in general health, coordination, balance, strength, flexibility, self-awareness and concentration.

Beginners (Casual Bookings Available)

Saturdays starting 9 October
11.15am – 12.15pm (9 online sessions)

Intermediate (Casual Bookings Available)

Saturdays starting 9 October
9.30am – 10.30am (9 online sessions)

Cost: \$125

Vinyasa Flow: Embodied Yoga

This class is designed to gently support you to explore a Vinyasa, a yoga practice that is slow and embodied, encouraging mindful movement and breath awareness rather than focusing on complex or fast sequences.

New dates coming soon!

Cooking

Gozleme Cooking Class for adults and children

Join this FREE interactive online class to learn how to make gozleme, a traditional savoury Turkish flatbread.

Friday 1 October
11.00am – 1.30pm (1 online session)

Cost: FREE

Delicious Lepinja: Balkan flatbread cooking class

It's soft bubbly texture, and chewy pull will have you hooked. If you love ciabatta bread and middle eastern flatbread varieties, you will love this online class!

Friday 15 October
11.00am – 1.30pm

Cost: FREE

Indian Ayurveda Cooking

In this interactive online session you will discover the 5000 year old rich history of Ayurveda, learn about its nutritional and health benefits and cook your very own 3 course delicious feast for the weekend!

Saturday 16 October
10.00am – 12.00pm (1 online session)

Cost: \$55

Susan's Quick and Easy Croissants

Calling all croissant lovers! Learn how to make the traditional butter croissant and more! This class will teach you how to make 4 types of croissants: traditional, almond, chocolate and cheese.

Saturday 23 October
1.00pm – 4.30pm (1 online session)

Cost: \$55

Spooky Halloween Treats

Learn how to make spooky skeletons and spider web gingerbread cookies from scratch. Bake and then decorate them.

Saturday 30 October
1.00pm – 4.00pm (1 online session)

Cost: \$85

Cooking (continued)

Vegan curries of India

Learn to cook healthy and easy vegan Indian curries, including the famous dal makhani, pumpkin curry, baingan bharta (roasted eggplant with spices, onions and tomatoes) as well as peas pulao (rice cooked with peas and spices).

Saturday 27 November
10.00am – 12.00pm (1 online session)
Cost: \$55

Greek Biscuits

Make and enjoy three kinds of popular Greek biscuits in this online tutorial: almond crescents (kourabiedes), butter biscuits (koulourakia) and juicy honey biscuits (melomakarona).

Online tutorial. Learn in your own home at your own pace.
Cost: \$59

New dates coming soon for

Russian Baked Piroshky
Sourdough Making
Street Food of India



Dance and Music

Beginners ukulele for all ages

Playing the ukulele is a fun and easy way to get into music and singing. Students will learn tuning, basic strums, essential beginner chords, fun singalong songs and picking using ukulele 'tab'.

Tuesday 9 November
6.30pm – 7.30pm (6 sessions)
Cost: \$115

Growing Plants in Urban Areas



Gardening and Sustainability

Growing Plants in Urban Areas

This practical introduction to urban gardening will teach you how to start a garden from scratch suitable for any space, including teeny tiny apartment living.

Thursday 14 October
6.00pm – 8.00pm (8 sessions)
Cost: \$195

New workshops are being added each week.

Sign up to our mailing list for regular updates on new classes.

Children and Youth

Spooky Halloween Treats



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Suitable for all aged children.

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Suitable for ages 7+.

Tuesday 9 November
4.00pm – 5.00pm (5 online sessions)
Cost: \$95

Children and Youth (cont.)

Children's Day Program

Do you need a day to prepare for Christmas or just need some time out? Send the kids to YCC for a fun-packed Saturday program. Suitable for primary school aged children.

Saturday 4 December
9.00am – 4.30pm (1 session)
and
Saturday 11 December
9.00am – 4.30pm (1 session)
Cost: \$135

Spooky Halloween Treats

Learn how to make spooky skeletons and spider web gingerbread cookies from scratch. Bake and then decorate them.

Saturday 30 October
1.00pm – 4.00pm (1 online session)
Cost: \$85

FREE Courses

The Chatty Cafe

People, like you, from our community will come together to talk and connect in a safe and friendly space while they drink a cuppa and enjoy a conversation.

Starting Wednesday 6 October
10.00am – 11.00am
Cost: FREE

Gozleme Cooking Class for adults and children

Join this FREE interactive online class to learn how to make gozleme, a traditional savoury Turkish flatbread.

Friday 1 October
11.00am – 1.30pm (1 online session)
Cost: FREE

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Friday 15 October
11.00am – 1.30pm (1 online session)
Cost: FREE

Languages

Learn Spanish

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Beginners 1 – Basics for travellers

Starts Tuesday 12 October
6.00pm – 7.30pm (8 online sessions)
Cost: \$215

Beginners 2 – Building on the basics

Tuesday 12 October
7.30pm – 9.00pm (8 online sessions)
Cost: \$215

Personal Development

The Art of Self-Promotion

The Art of Self-Promotion workshop will teach you how to write clear, concise, effective copy for websites and other collateral, create great headlines, blogs that will help grow your business or online presence, and messaging that stands out on social media.

Wednesday 13 October
7.00pm – 8.30pm (8 online sessions)
Cost: \$165





YCC offers you more



We provide community services such as

- Education & Training Programs
- Occasional Childcare
- The Chatty Cafe
- Providing help to access financial support
- Food relief program, The Nourish Project

Volunteer with us

If you are thinking about volunteering, we'd love to hear from you!



Yarraville
COMMUNITY
CENTRE

59 FRANCIS
STREET
YARRAVILLE 3013

114 BLACKWOOD
STREET
YARRAVILLE 3013

9 VICTORIA
STREET
FOOTSCRAY 3011

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WWW.YCC.NET.AU



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recycled uncoated
paper

We acknowledge the traditional owners of the land, the Wurundjeri Woi wurrung and Boon wurrung peoples of the Kulin Nation and lands on which Yarraville Community Centre is located and where we work. We pay our respect to their Elders, past, present and emerging. Always was and always will be, Aboriginal land.